**Dr. Sajjad Ali**

**Senior Physiotherapist | 15 Years of Experience**

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**Professional Summary**

Dr. Sajjad Ali is a seasoned physiotherapist with over 15 years of experience in providing exceptional care and rehabilitation services to patients of all ages. Renowned for his expertise in designing personalized treatment plans, he excels in restoring mobility, alleviating pain, and improving overall physical function. Dr. Sajjad is dedicated to delivering patient-centered care and fostering long-term recovery through evidence-based techniques.

**Core Skills and Expertise**

* **Orthopedic Rehabilitation:** Extensive experience in managing and treating musculoskeletal injuries, including fractures, sprains, and post-surgical recovery.
* **Neurological Physiotherapy:** Skilled in rehabilitating patients with neurological disorders such as stroke, Parkinson’s disease, and multiple sclerosis.
* **Sports Injury Management:** Proficient in treating and preventing sports-related injuries through targeted therapies and strength conditioning.
* **Chronic Pain Relief:** Expertise in pain management strategies, including manual therapy, trigger point release, and therapeutic exercises.
* **Geriatric Care:** Compassionate care for elderly patients, focusing on improving balance, mobility, and quality of life.
* **Advanced Modalities:** Hands-on experience with electrotherapy, ultrasound therapy, and kinesiology taping.
* **Patient Education:** Empowering patients with self-care techniques and preventive measures to avoid re-injury.

**Educational Background**

* **Doctor of Physical Therapy (DPT):** [Insert University Name], [Graduation Year]

**Professional Affiliations**

* Member, Pakistan Physiotherapy Association (PPTA)
* Certified Practitioner, Advanced Manual Therapy Techniques

**Languages**

* English
* Urdu

Dr. Sajjad Ali continues to make a significant impact in the field of physiotherapy by combining clinical expertise with compassionate care, ensuring his patients achieve their health and wellness goals.